Balmy Beach Community Day Care Centre Drug and Medication Administration Policy and Procedures

Approval Date:	2021.01.27
Revision Date	

Purpose

The purpose of this policy and the procedures outlined within is to provide clear direction for staff, students and volunteers to follow for administering drugs or medication to children at the Centre and for appropriate record-keeping.

Where the term drugs and/or medications is used in this policy, the term refers to any product with a drug identification number (DIN), with the exception of sunscreen, lotion, lip balm, bug spray, hand sanitizer and diaper cream that is not used for acute, symptomatic treatment. For the purpose of this policy, drugs and medications fall into the following two categories, unless otherwise specified:

- Prescription, intended for acute, symptomatic treatment; and
- Over-the-counter, intended for acute, symptomatic treatment.

The policy and procedures support children's health, safety and well-being by setting out measures to:

- ensure children receive only those drugs or medications deemed necessary and appropriate by their parents;
- reduce the potential for errors;
- ensure medications do not spoil due to improper storage;
- prevent accidental ingestion;
- administer emergency allergy and asthma drugs or medications quickly when needed; and
- safely administer drugs and medications according to established routines.

This policy is intended to fulfill the obligations set out under Ontario Regulation 137/15 for the administration of drugs and medication in a child care centre.

Policy

Parental Authorization to Administer Medication:

- Whenever possible, parents will be encouraged to administer drugs or medications to their children at home if this can be done without affecting the child's treatment schedule.
- Prescription and over-the-counter medications for acute, symptomatic treatment will only be administered to a child where a parent of the child has given written authorization to do so by completing the Centre's Authorization for Medication Administration form (Appendix A). The

Authorization for Medication Administration form must be accompanied by a doctor's note for over-the-counter medications.

- The authorization must include a schedule that sets out the times the drug or medication is to be given and the amounts to be administered.
- Where a drug or medication is to be administered to a child on an "as needed" basis (i.e. there is no specific schedule or time of the day for administration), the drug or medication must be accompanied with a doctor's note outlining signs and symptoms for administering the drug or medication and the appropriate dosage. In addition, the Authorization for Medication Administration Form must clearly indicate the situations under which the medication is to be given as outlined in the doctor's note, including observable symptoms. Examples may include:
 - 'when the child has a fever of 39.5 degrees Celsius';
 - 'when the child has a persistent cough and/or difficulty breathing'; and
 - 'when red hives appear on the skin', etc.
- Prescription/over-the-counter skin products (with a DIN) that need to be administered for acute or symptomatic treatment will only be administered to a child where a parent of the child has given written authorization to do so by completing the Centre's Authorization for Medication Administration.
- Authorization for Medical Administration Forms will be reviewed with parents annually to ensure the dosage continues to be accurate (e.g. based on the child's age or weight).
- As long as sunscreen, lotion, lip balm, bug spray, hand sanitizer and diaper cream are nonprescription and/or are not for acute (symptomatic) treatment, and due to their longer-term daily usage, these products:
 - must have a blanket authorization from a parent on the enrolment form;
 - can be administered without an Authorization for Medication Administration form; and
 - do not require record-keeping

*Where errors are found on the form or the label is incomplete, the form/medication must be returned to the parent to make and initial corrections.

Drug and Medication Requirements

All drugs and medications to be administered to children must meet the following requirements:

- All drugs and medications must be stored in their original containers as supplied by a pharmacist, or their original packages. Medications that have been removed from their original package or transferred into a different container will not be accepted or administered to children.
- All drug or medication containers must be clearly labelled with:
 - The child's full name;
 - The name of the drug or medication;

- The dosage of the drug or medication;
- Instructions for storage;
- Instructions for administration;
- The date of purchase of the medication for prescription medications; and
- The expiry date of the medication, if applicable.
- The information provided on the written parental authorization must match with all the requirements listed above.
- Where information is missing on a drug or medication label and/or the written parental
 authorization does not match the label on the labelled container, the Centre will not accept or
 administer the medication until the label and/or written parental authorization accurately contains
 all the required information.
- Over-the-counter epinephrine purchased for a specific child can be administered to a child with an
 individualized plan and emergency procedures for an anaphylactic allergy as long as it is
 accompanied by a doctor's note and is clearly labelled with the child's name, the name of the drug
 or medication, the dosage, the date of expiration and the instructions for storage and
 administration.
- Drugs or medications purchased by staff, students or volunteers for their own use will be kept inaccessible (e.g. stored in locker versus left in a purse in the classroom) to children and will not be administered to children at any time, except where written parental authorization to administer has been obtained (e.g. hand sanitizer).

Drug and Medication Handling and Storage:

- All drugs or medications will be kept inaccessible to children at all times in a locked container or area (e.g. in a refrigerator, cabinet, cupboard or drawer). There are exceptions for emergency medications as outlined below:
 - Emergency medications will never be locked up and will be made easily accessible to all staff
 while being kept out of the reach of children, including during outdoor play periods and offpremises activities.
 - Where a child has written permission to carry their emergency allergy or asthma medication, precautions will be taken to ensure that these medications are not accessible to other children (e.g., in cubbies or backpacks that are unattended).
- In case of an emergency, all staff, students and volunteers will be made aware of the location of children's emergency medications at all times.
- Emergency medications will be brought on all field trips, evacuations and off-site activities.
- Any topical products or drugs/medication in the first aid kit will not be used on children to clean or treat wounds. Children's cuts and wounds will be disinfected in accordance with local public health recommendations.

- All drugs and medications for children will be stored in accordance with the instructions for storage on the label. Medication requiring refrigeration will be stored in the refrigerator in a locked container.
- Where drugs or medications are past their expiry date, they will be returned to the parent of the child, where possible, and this will be documented on the Authorization for Medication Administration Form.
- Any drugs or medications remaining after the treatment period will be returned to a parent of the child, where possible, and this will be documented on the Authorization for Medication Administration Form.
- Where attempts have been made to return a drug or medication to a parent and the parent has not taken the medication home, the person in charge of drugs and medications will ensure that the efforts made to return the drug or medication have been documented in the appropriate staff communication book (e.g. daily written record), and the drug or medication must be returned to a pharmacist for proper disposal.

*Do not flush any drugs or medications down the toilet or sink or throw them in the garbage.

Drug and Medication Administration:

- Drugs or medications will be administered according to the instructions on the label and only with written parental authorization.
- Designated person(s) in charge of medications will deal with all drugs and medications to reduce the potential for errors, whether on or off the premises. Where the person(s) is absent, they will delegate this responsibility to another individual. The name of the individual who has been delegated and the duration of the delegation will be documented in the appropriate staff communication book (e.g. daily written record).
- A drug or medication will only be administered from its original container as supplied by a
 pharmacist or its original package, and where the container is clearly labelled as outlined under
 the Drug and Medication Requirements section of this policy.
- A drug or medication will only be administered using the appropriate dispenser (e.g. syringe, measuring spoon/cup, etc.).
- To support the prompt administration of emergency medication:
 - Emergency medications may be administered to a child by any person trained on the child's individualized plan at the Centre; and
 - Children will be allowed to carry their own asthma or emergency medication in accordance with this policy, the drug and medication administration procedures, and the child's individualized plan, where applicable.
- Drugs or medications that are expired (including epinephrine) will not be administered at any time.

Record-Keeping:

Records of medication administration will be completed using the Records of Medication
Administration (Appendix B) every time drugs or medications are administered. Completed
records will be kept in the child's file.

- Where a child's medication administration form includes a schedule setting out specific times to
 administer the medication and the child is absent on a day medication would have been administered,
 the child's absence will be documented on the medication administration record to account for all days
 during the treatment period (excluding weekends, holidays and planned closures).
- If a dose is missed or given late, reasons will be documented on the record of medication administration and a parent will be notified as soon as possible as it may impact the treatment schedule or the child's health.
- Where a drug or medication is administered 'as needed' to treat specific symptoms outlined in a
 child's medication administration form or individualized plan and emergency procedures for an
 anaphylactic allergy (e.g. asthma, fever, allergic reaction), the administration and the reason for
 administering will be documented in the appropriate staff communication book (e.g. daily written
 record) and in the child's symptoms of illness record. A parent of the child will be notified.

Confidentiality

Information about a child's medical needs will be treated confidentially and every effort will be made to
protect the privacy of the child, except when information must be disclosed for the purpose of
implementing the procedures in this policy and for legal reasons (e.g. to the Ministry of Education,
College of Early Childhood Educators, law enforcement authorities or a Children's Aid Society).

Additional Policy Statements

If a child does not have their medication at the Centre the child's parents will be notified to bring the medication. If emergency medication is needed for a child but it is not available at the Centre 911 will be called immediately.

Locked medication boxes are stored in the Day Care office and in the refrigerator in the kitchen. The medicine box keys are located in the office and an additional key for the medication box in the kitchen refrigerator is kept on the kitchen key chain.

An attempt will be made to contact parents or discharged children who have medication left at the Centre to pick up their child's medication. If the parent cannot be reached or chooses not to pick it up the left over medication will be returned to a pharmacy.

Appendix A

AUTHORIZATION FOR DRUG/MEDICATION ADMINISTRATION

Name of Child Care Centre: BALMY BEACH COMMUNITY DAY CARE CENTRE

This form must be completed by the parent of a child who is requesting that a drug or medication be administered during

hours that the child receives of procedures.	child care, in accordance with the	child care centre's medication ac	ministration policy and				
Child's Full Name:							
Child's Date of Birth (Child's Date of Birth (dd/mm/yyyy):						
Date Authorization For	Date Authorization Form Completed (dd/mm/yyyy):						
Date Authorization For	rm Updated (dd/mm/yyyy)	:					
Name of Drug or Medic	cation						
(as per the original contain	er label):						
Date of Purchase or Do Dispensed: (dd/mm/yyy							
Expiry Date: (dd/mm/yy	ryy)						
Authorization Start Da (dd/mm/yyyy)	te:						
	Authorization End Date: (dd/mm/yyyy or ongoing)						
Method of Medi	cation Administra	ation (initial below	')				
☐ Child care centre state	ff are to administer the drug	g or medication to my child _					
		ion (optional, for children wh					
Authorization for Child to Carry Emergency Allergy Medication							
☐ I authorize my child to	o carry their own asthma m	edication.					
☐ Not applicable (this a	uthorization is not for asthr	na medication).					
Medication Administration Schedule							
$\hfill\Box$ The drug or medication needs to be administered according to the following schedule:							
Day(s) of the Week	Time(s) of the Day / Intervals	Amount/Dosage	Additional Information (where applicable)				

Day(s) of the Week	Time(s) of the Day / Intervals	Amount/Dosage	Additional Information (where applicable)			
AND/OR, where drugs	are to be administered on a	an 'as needed' basis:				
☐ The drug or medicat observed:	ion needs to be administere	ed when the following phy	sical symptoms are			
Amount/Dosage:						
Parent/Guardian Autho	rization Statement:					
Care Centre to administration in accordant	person in charge of drugs of ster the above-named drug are with the procedures I have drugs or medications will	or medication to my child we provided on this form.	and handle the drug or			
I understand that expired drugs or medications will not be administered to my child at any time in accordance with the child care centre's medication administration policy.						
I understand that staff a administer drugs and m	at Balmy Beach Community nedications.	Day Care Centre are no	t medically trained to			
Print name:			Relationship to Child:			
Signature:			Date Signed: (dd/mm/yyyy)			
Received By:						
Print name:			Role at Child Care Centre:			

Special Instructions:

- This form is required for over-the-counter and prescription medications. For non-prescription skin products, the Authorization to Administer Non-Prescription Skin Products form must be completed.
- A separate form should be completed for each drug or medication that a child requires.
- Children's personal health information should be kept confidential.

FOR CHILD CARE CENTRE USE ONLY

Location medication will be stored: All refrigerated medication will be stored in the Day Care kitchen's locked box located in the fridge closest to the door. All non refrigerated medication will be stored in a locked box in the Day Care office.

For Office Use Only

Date Drugs/Medication Returned to Parent / Pharmacy (dd/mm/yyyy):

Appendix B

Required Dosage:

BALMY BEACH COMMUNITY DAY CARE CENTRE RECORD OF DRUG/MEDICATION ADMINISTRATION

This form must be completed by the person who is in charge of drugs and medications for the administration of **prescription or over-the-counter medications**, in accordance with the child care centre's medication administration policy and procedures.

procedures.
Child's Full Name:
Name of Drug or Medication:

Date (dd/mm/yyyy)	Time (hh:mm am/pm)	Dosage Administered	Administered by	Full Name of Staff (and/or of Witness, where applicable)	Signature(s)	Comments/Observations (including symptoms of illness)
			□staff □child			
			□staff □child			
			□staff □child			
			□staff □child			
			□staff □child			
			□staff □child			
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